

ST. JOSEPH-IN-THE-HILLS
MALVERN RETREAT HOUSE
PILOT PROGRAM 2017 --- SCHEDULE OF SPIRITUAL EXERCISES
ENCOUNTERING THE DIVINE PHYSICIAN, JESUS CHRIST

- Please observe **SILENCE** especially around chapels, oratories and dormitory areas. (Exceptions: Dining Room, Lower McShain and outside, but not near windows).
- Spiritual exercises should be used according to the spiritual needs of the retreatant
- All prayer exercises can be found in the *Handbook of Spiritual Exercises* retreatant book.

FRIDAY NIGHT

PM

- 5:00 **Registration** (Libraries)
6:30 **Dinner preceded by the Angelus** (*Regina Coeli during Easter Season*)
7:15 **Welcome** by the CA Captain and Rector (Housekeeping info by CA Captain)
7:40 **Orientation** for New Retreatants (Upper McShain)
7:45 **Refresher** for current Malvern retreatant by Rector (Dining Hall)
8:30 **Conferences** (: Upper McShain)
9:15 **Celebration of the Eucharist** (Upper McShane)
10:15 **Transfer of the Blessed Sacrament to the Oratories & Exposition in the Oratories begins after Mass**
10:15 **Open AA Meeting** (Lower McShain).

SATURDAY

AM

- 7:00 **Rise**
7:20 **Angelus** (*Regina Coeli during Easter Season*) (Bedroom door)
7:30 **Morning Prayer** (Upper McShain or St. Joseph Chapel)
7:55 **Breakfast** preceded by **Flag Ceremony**
9:00 - 9:40 **Conferences** (Upper McShain)
9:40 - 10:10 **Shared Reflection**
10:15 **Reconciliation Service** followed by individual confessions (Upper McShane).

PM

- 12:15 **Lunch**
1:30 – 2:45 **Guest Speaker / Followed by Question and Answer**

In an effort to continue the Malvern Retreat Experience, sessions are offered to assist the retreatant in intensifying his/her relationship with Christ through daily praying with the Scriptures. God speaks to us in His Word and then we respond with our heart. In addition, one's prayer relationship with God grows with the understanding of God through the study of His Sacred Word, especially the Gospels, and by reflection on the teaching of the Church. These presentations are an integral part of the Malvern experience.

3:15-4:00. **Way of the Cross** (outdoors weather permitting, otherwise in Chapel)
 4:00-5:00 **Free time**
 5:00 **Celebration of the Eucharist** (Upper McShain)
 6:00 **Dinner preceded by Angelus** (*Regina Coeli during Easter Season*)
 7:00 **Rosary** (At the Pieta)
 7:30 **Conference** (Upper McShain)
 8:15 **Transference of the Blessed Sacrament to Upper McShain**
 8:30 **Benediction followed by New Man Ceremony**all are expected to attend (Upper McShain)
 9:15 **Coffee & Danish** (Lower McShain)

SUNDAY MORNING

AM

7:00 **Rise**
 7:25 **Morning Prayer/ Angelus** (Our Lady Chapel or St Joseph Chapel)
 7:45 **Breakfast** preceded by **Flag Ceremony**
 8:45 **Conference**, including blessing of religious articles (Upper McShain)
 9:30 – 10:00 **Reflection & Faith Sharing** (Upper McShain)
 10:00 **Celebration of the Eucharist** (Upper McShain)

NOTES:

The **Gift Shop** is located on the south side of Immaculate Conception Hall facing Our Lady's parking lot. Hours are posted in St. Joseph's & Our Lady's Halls

There is an Archives room in Lower McShain

A golf cart is available to help transport anyone with physical needs. Please make arrangements with your Captain.

ADORATION TIME

ASSIGNMENT(S) _____

NOTES:
