

## **2023 THREE-DAY TRADITIONAL RETREAT SCHEDULE**

**The location of some activities may change during the retreat.**

### **FRIDAY**

#### **PM**

- 5:00 **Check-In** (Dining Hall)
- 6:30 **Dinner**
- 7:15 **Welcome** by the CA Captain and Rector
- 7:40 **Orientation** for the new retreatants (Lower McShain)
- 8:00 **Conference** (Upper McShain) (ZOOM)
- 9:15 **Celebration of the Eucharist** (Chapel unless specified)
- 10:00 **Open AA Meeting** (Lower McShain)

### **SATURDAY**

#### **AM**

- 7:00 **Rise**
- 7:20 **Angelus** (Bedroom Door)
- 7:30 **Morning Prayer** (Chapel)
- 7:50 **Prayer at the Flag** (Outside Dining Hall)
- 8:00 **Breakfast**
- 9:00 **Conference** (Upper McShain) (ZOOM)
- 10:15 **Reconciliation Service with Confessions** (Chapel)

#### **PM**

- 12:15 **Lunch**
- 12:45 **Awards and President's Remarks** (ZOOM)
- 1:45 **Conference or Guest Speaker** (Upper McShain) (ZOOM)
- 3:15 **Celebration of the Eucharist** (Chapel)
- 4:15 **Way of the Cross** (Location TBD)
- 6:00 **Dinner**
- 7:00 **Captain's Invitational Meeting** (CA Captains Room)
- 7:15 **Rosary** (Location TBD)
- 8:00 **Conference** (Upper McShain) (ZOOM)
- 9:00 **New Man/Woman Of Malvern Ceremony**
- 9:15 **Night Prayer with Exposition** (Chapel)
- 9:45 **Refreshments** (Lower McShain)
- 10:00 **Open AA Meeting** (Lower McShain)

### **SUNDAY**

#### **AM**

- 7:00 **Rise**
- 7:20 **Angelus** (Bedroom Door)
- 7:30 **Morning Prayer** (Chapel)
- 7:50 **Prayer at the Flag** (Outside Dining Hall)
- 8:00 **Breakfast**
- 9:00 **Conference with Faith Sharing** (Upper McShain) (ZOOM)
- 10:00 **Celebration of the Eucharist** (Chapel)

