



*Our wish is to do all we can to enhance your retreat experience at Malvern.*



***Please feel free to ask questions and be sure to refer to your Handbook of Spiritual Exercises.***

***If you would like additional information, please contact your group Captain, Co-Captain or Prefect.***

### YOUR RETREAT INFORMATION

My retreat group this weekend is:

My CA. Captain is:

*Situated on 125 acres of natural woodlands, the Malvern Retreat House, also known as St. Joseph's-in-the-Hills, has been hosting retreats for thousands of lay people since 1912. We welcome you to this holy place and hope this guide will enhance your retreat experience as you listen to the voice of God and recommit yourself to daily discipleship.*

## Welcome to the Malvern Retreat House

### THE RETREAT PROCESS

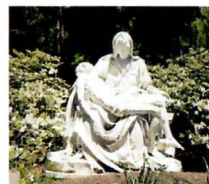
Each group is led by a Chief Accountability (C.A.) Captain who is responsible for the organization and reverence of the retreat during the weekend. Under the C.A. Captain are Deputy Captains and Recruiters responsible for facilitating the events of the weekend. The 2 retreat chapels are St. Joseph's (at the top of the hill) and Our Lady's (at the bottom of the hill). We also use Upper McShain Hall (between the dining hall and Our Lady's hall) for conferences and masses. Each retreat adheres to the same schedule and retreatants are encouraged to attend and participate in the various exercises offered but may certainly follow the schedule as they see fit.

### THE ORIENTATION PROCESS

At registration, retreatants receive:

- A white card listing their name and room assignment in 1 of the 4 residence halls. Each residence floor has a monitor or "Prefect" who is responsible for floor activities and to answer retreatant questions.
- A schedule of exercises detailing times and locations of retreat programs. This card is a helpful guide for retreatants and it is recommended that this card be kept handy.

**A map showing buildings and shrines is shown on the opposite side.**



### OUR FACILITIES

Each retreat has:

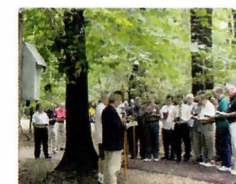
- a retreat director
- a large chapel for liturgies and conferences
- 2 Residence Halls:  
*St. Joseph's Retreat (Corrigan Hall & St. Joseph's Hall) and Our Lady's Retreat (Assumption Hall & Immaculate Conception Hall)*
- 5 sets of outdoor Way of the Cross stations
- an Oratory (a small prayer chapel for individual adoration of the Blessed Sacrament)

Other facilities available during retreats include:

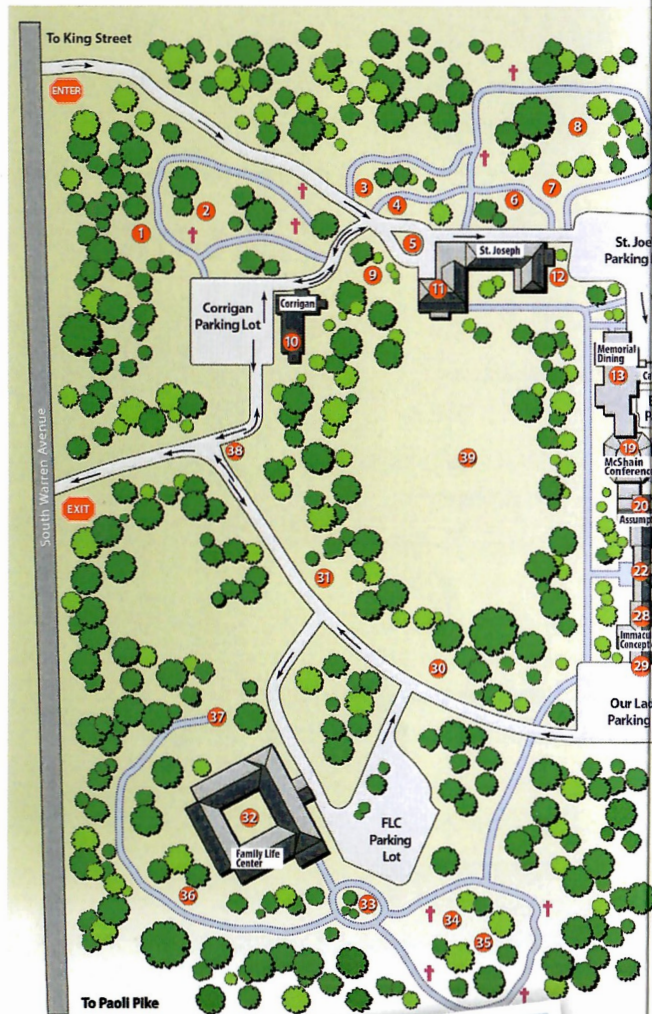
- Dining Hall: Both retreat groups eat together in the Dining Hall.
- Upper and Lower McShain Halls: The halls are designated for specific spiritual exercises.

### A NOTE ABOUT SILENCE

Retreats are a special time of reflection and adoration. We encourage silence, especially in the designated quiet areas around the chapels and oratories. Appropriate attire is encouraged especially during mass and private adoration. Smoking is prohibited inside all buildings.







## MALVERN Retreat House ST. JOSEPH'S-IN-THE-HILLS

- 1 Our Lady of Fatima Shrine
- 2 Way of the Cross "A"
- 3 Holy Family Shrine
- 4 St. Joseph's Shrine
- 5 Statue of St. Joseph
- 6 Sacred Heart Shrine I
- 7 Our Lady of Grace Shrine
- 8 Way of the Cross "B"

- 9 Former Retreat Masters' Grave
- 10 Corrigan Hall
- 11 St. Joseph's Hall & Chapel
- 12 Pieta
- 13 Memorial Hall (Dining Hall)
- 14 Cabrey Hall
- 15 Miraculous Metal Shrine
- 16 Woodland Chapel of Our Lady
- 17 Sacred Heart Shrine II
- 18 Way of the Cross "C"
- 19 McShain Conference Center
- 20 Assumption Hall
- 21 Shrine of the Crucifixion
- 22 Our Lady's Library & Chapel
- 23 Our Lady of Grace Shrine
- 24 St. Joseph the Worker Shrine
- 25 The Overlook
- 26 Our Lady of Lourdes Grotto
- 27 Way of the Cross "D"
- 28 Immaculate Conception Hall
- 29 Gift Shop
- 30 Agony in the Garden Statue II
- 31 Shrine of the Crucifixion
- 32 McShain-Horstmann Family Life Center
- 33 Guardian Angel
- 34 FLC Stations of the Cross
- 35 Agony in the Garden Statue I
- 36 Our Lady of Guadalupe Shrine
- 37 Meditation Garden
- 38 Good Shepherd Statue
- 39 Malvern's Lawn

# Welcome!

## New Retreatant Guide



*We believe, and therefore speak.*

*(2 Corinthians 4:13)*

Welcome to your first retreat at Malvern. This guide is to help familiarize you with the retreat house and answer any questions you may have while at Malvern. Please take a moment to read the information. God Bless you.



**Malvern**  
Retreat House  
*reflect, refresh, rejoice*  
Since 1912



PO Box 315 • Malvern, PA 19355-0315  
610-644-0400 • [MalvernRetreat.com](http://MalvernRetreat.com)

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